

Athletic Varsity Locker

Class Description:

This course is designed with the goal to produce well-rounded student athletes who pursue both academic and athletic excellence.

- Individualized training program focused on improving identified mobility and stability deficiencies and maximizing athletic performance
- Liaison between teachers and coaches to assist in realizing students' and teams' full potential
- Maximizing time availability to allow for more efficient practice, competition, travel, and academic purposes.

Expectations:

1. Be in the locker room before the tardy bell rings.
2. Listen quietly when coaches speak.
3. Follow directions.
4. Give your best effort at all times – work hard!
5. Positive attitude and respectful behavior.
6. Phones are to be stored in your locker during class.

* Virtual - Attend all virtual lessons, complete assigned workouts and Turn In all Google Classroom assignments.

Grading:

All students will have the opportunity to earn an "A". The students will be graded so that 80% of their grade is based on participation and 20% will be based on final exams at the end of each semester.

Students can receive up to 10 points per class. The teacher will remove points if the student is tardy, has poor or no participation, poor attitude, uses foul language, does not dress out for class and/or has an unexcused absence. **An unexcused absence is when a student is absent from class and is not called into the office by a parent or guardian within 24 hours of the absence.** Students will have the opportunity to make up an absence, however it is at the discretion of the teacher. Students may not be able to make up unexcused absences.

Absences:

Students that need to be excused from physical activity due to injury or illness must provide Coaches a note from a parent or Iliniza. Students will be excused from the day's activities with any excused absence documented on Infinite Campus. Students will earn a 0 for Daily Points if they do not check in for attendance.

Locker Room entry:

The locker room will be open daily 7:40-7:45 for you to lock your items. Please do not attempt to enter or knock on the door at any time other than mentioned above. Failure to comply with this policy will result in an office referral.

Locks & Lockers:

- Each student will be issued a lock and locker to keep their uniforms, shoes, deodorant, etc.
- The PE/Athletic department is NOT responsible for lost or damaged locks or personal items.
- Locks are the responsibility of the student. Students are to be sure that locks are placed on their locker and secured prior to leaving the locker room. The student must pay for any lock not returned at the end of the school year.

Contact info:

Coach Treadway

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